

# LEVEL 7 DIPLOMA

## IN CLINICAL AESTHETIC INJECTABLE THERAPIES



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Redefining excellence in facial aesthetics training









## FOREWORD FROM THE DIRECTORS



"The rationale for setting up Acquisition Aesthetics was very simple – not only is the cosmetic industry poorly regulated; which is unsafe for both patients and practitioners, but in fact the training is poorly regulated.

There are a number of aspects which set Acquisition Aesthetics apart as a training academy; to our core we are a purely surgeon-led faculty - meaning our knowledge is based in medicine and we are incredibly familiar with complex anatomy, as well as the complications which can arise from aesthetic treatments. The focus of all our courses is the provision of closely supervised hands-on training with live models.

We have an expert faculty with backgrounds in head and neck surgery and plastic surgery, with additional experience of teaching to the highest level. We have combined these professionals with respected experts in the field to comprise a broadly skilled team of trainers to deliver goldstandard CPD accredited training courses."

Dr. Lara Watson & Dr. Priyanka Chadha

## DIRECTOR PROFILES

Dr. Priyanka Chadha graduated from Imperial College, London with a distinction in medicine and a distinction in surgery. After scoring in the top 1% of the country for Core Surgical Training, Dr. Chadha proceeded to secure a Registrar number in Plastic Surgery, ranking first. She has an excellent academic CV including over 60 presentations and publications in Plastic surgery and Aesthetic Medicine over 30 prizes, scholarships and awards. She currently works in London teaching hospitals in Plastic Surgery.

In addition to her long standing achievements in Plastic Surgery, Dr. Chadha has a Bachelor's degree in Surgery and Anaesthesia and a Masters in Teaching and Surgical Education from Imperial College, London, for which she was awarded a Merit. She is an exceptional teacher and a full member of the Royal College of Surgeons, and also holds a Diploma in the Ethics and Philosophy of Healthcare.



**Dr. Priyanka Chadha** MBBS(Lond), BSC (Hons), DPMSA(Lond), MRCS(Eng), MSC(Lond)

Dr. Chadha has set up and successfully run a number of educational and teaching courses at the Royal College of Surgeons, for which she has received awards from the London Deanery for teaching excellence. She is also a Key Opinion Leader for Galderma with a number of strong affiliate links within the industry.



**DR. LARA WATSON** BM, BSC (HONS), BMEDSCI, MRCS(ENG), BDS(HONS)

Dr. Lara Watson is passionate about empowering healthcare professionals to channel their inner creativity through the art of facial aesthetics. As a dual qualified doctor and dentist, she works as a maxillofacial surgery Registrar in the Oxford deanery. Having graduated in medicine with additional degrees in advanced human anatomy and research, Lara went on to achieve a Bachelor of Dental Surgery with Honours at King's College, London.

With full membership to the Royal College of Surgeons, Dr. Watson teaches at various surgical skills workshops for the college and the wider surgical community, and was commended for founding and co-ordinating an international undergraduate surgical teaching programme.

Through her dual qualification and background in head and neck surgery, Dr. Watson's extensive understanding of facial anatomy enables her to deliver the highest standard of theoretical teaching in the principles of safe practice in facial aesthetics.

As a Key Opinion Leader for the global pharmaceutical group Galderma, Dr. Watson brings her experience of performing on the international stage to enhance the delivery of both the theoretical and practical training standards at Acquisition Aesthetics.

Her entrepreneurialism and experience in the aesthetics industry allows Dr. Watson to provide delegates with the knowledge and skills required to succeed in today's competitive and ever-evolving industry whilst delivering beautiful results to clients.

## THE LEVEL 7 DIPLOMA AT A GLANCE

The Level 7 Diploma in Clinical Aesthetic Injectable Therapies is a qualification that was devised in order to standardise the quality and content of the training available to practitioners of non-surgical aesthetics procedures.

## WHY HAS IT COME ABOUT?

Tighter general regulations on non-surgical interventions were implemented after a report by Health Education England (HEE) outlined the required levels of competence for all treatments in the industry.

A regulatory framework was created collaboratively between the British College of Aesthetic Medicine (BCAM), the British Association of Cosmetic Nurses (BACN), the British Association of Dermatologists (BAD), the British Association of Aesthetic Surgeons (BAAPS) and the British Association of Plastic, Reconstructive and Aesthetic Surgeons(BAPRAS). The two independent bodies enforcing this framework are the Joint Council for Cosmetic Practitioners (JCCP) and the Cosmetic Practitioners' Standards Authority (CPSA.)

## THE AWARDING BODY OTHM

OTHM Qualifications are a UK based and internationally recognised Awarding Organisation approved and regulated by the Office of the Qualifications and Examinations Regulation (OfQual). They have a wide global network of delivery centres delivering a range of programmes. OTHM Qualifications are an organisation that is forward-thinking in order to support industry by providing excelling qualifications enabling a highly qualified and experienced workforce.

othm<sup>®</sup>

This means that there are more stringent general regulations in place, limiting those who are able to satisfy the necessary standards for practice to those who are suitably qualified, and thereby increasing the safety of patients.

BAPRAS British Association of Plastic Reconstructive and Aesthetic Surgeons





The British Association of Aesthetic Plastic Surgeons









Duration - flexible (6-36 months) CPD points - 400 (suggested) Credits for level 7 - 60

## WHO IS THE AWARDING BODY?

This diploma is provided through awarding body OTHM Qualifications and allows practitioners to meet Health Education England's (HEE) 2016 Qualification Requirements for Delivery of Cosmetic Procedures. Training is open to qualified doctors, dentists, nurses, and pharmacists who are registered with the GMC/GDC/NMC/GPhC or international equivalent.

## WHICH STANDARDS DOES THE QUALIFICATION AIM TO MEET?

This diploma meets Health Education England's (HEE) 2016 Qualification Requirements for Delivery of Cosmetic Procedures.

## WHO CAN COMPLETE THE DIPLOMA?

- Doctors, Dentists, and Nurses registered with the relevant medical council.
- Pharmacists on a case by case basis.

## WHAT IS NEEDED TO ENROL ON THE DIPLOMA?

- Valid GMC/GDC/NMC/GPhC pin number or international equivalent.
- English as a first language or International English Language Testing System (IELTS) score of 7.0 or more.
- International students may be accepted if an equivalent level of education can be demonstrated please contact us for further discussion.

## HOW LONG WILL THE DIPLOMA TAKE TO COMPLETE?

Whilst the official deadline for completion is 36 months - in our experience delegates complete anywhere between 6 and 18 months after they commence learning. The duration of training will of course depend on individual employment and family commitments, and we are here to tailor a flexible programme of study around your existing schedule.



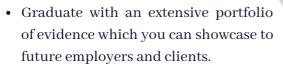
## WHAT ARE THE BENEFITS OF COMPLETING THE LEVEL 7 DIPLOMA?

The Level 7 qualification will provide delegates with a postgraduate level of understanding in a number of key areas within non-surgical aesthetics including facial anatomy, skin physiology, and dermatological indications/contraindications of treatment.

Delegates will also learn how to competently undertake an effective consultation with patients including a systematic facial assessment. A deeper understanding of injection techniques will be achieved, as well as increased competence in complications management when working with toxin and dermal fillers.

Industry regulations are forecast to become even more robust in the coming months and years, with the Level 7 Diploma recognised from a legal and ethical perspective as the minimum accepted level of training.

Level 7 delegates are therefore 'future-proofing' their training and practice; ensuring they will be compliant with the latest regulatory guidance and in line with GMC, GDC and NMC principles of practice.



- Train under industry experts and benefit from their unique tips and insight.
- Collect 400 CPD points towards your annual revalidation.



Employers will be looking for fullyqualified cosmetic practitioners in their clinics. Upon completion you will have a logbook of a minimum of 40 recorded procedures, with which you can demonstrate your proficiency to prospective employers.

## **THE PROCESS**

With Acquisition Aesthetics, the Level 7 Diploma can take from 6 months to complete, depending on the availability and commitments of individual delegates.



There is some flexibility in how the various components of the diploma can be completed. As the programme was developed to be undertaken by existing medical professionals, it is designed to fit around a busy lifestyle and full-time working schedule.

As a Level 7 delegate, you will be appointed an expert aesthetics mentor to personally support you through the qualification.



#### **PRACTICAL PORTFOLIO**

#### **THEORETICAL TRAINING**

Logbook facility to record all 40 procedures (20 observed and 20 performed) in toxin and dermal filler modalities. 40 procedures to be obtained on mentoring sessions with expert supervision in small practical training groups. This will include DOPS (Direct Observation of Procedural Skills) supervised learning and assessment of Set Change Portfolio procedural skills.

Access is provided to an extensive library of online learning materials based upon key learning components highlighted by the HEE comprising lectures, literature papers, current evidence, guidelines and forums. Theoretical learning and training videos relevant to the learning objectives of the course, including THEORETICAL TRAINING references to other literature and case studies. Material designed and written exclusively by Oral, Maxillofacial,

Plastic, Dental and Consultant Surgeons.

#### **ACADEMIC PORTFOLIO**

Along with delegates' own VCVDEMICE research and completion of theoretical training, there will be a requirement to complete an academic portfolio comprising a critical appraisal and case studies.

**PRACTICAL TRAINING** 

Foundation and Advanced training days in addition to focused mentoring sessions to complete your portfolio. Optional Complications, Tear Trough and Lip Augmentation masterclasses.

D. M. HUGHES. H. L. GLYN HUG J. H. HUNT. Hon. S ACQUISITION AESTHETICS 09

E-LEARNING

SAQs & COURSEWORK

FOUNDATION COURSE

ONINWALNO

ADVANCED

MASTER-

CLASSES

OURSE

DOPS

Level 7 Diploma

ESSAYS

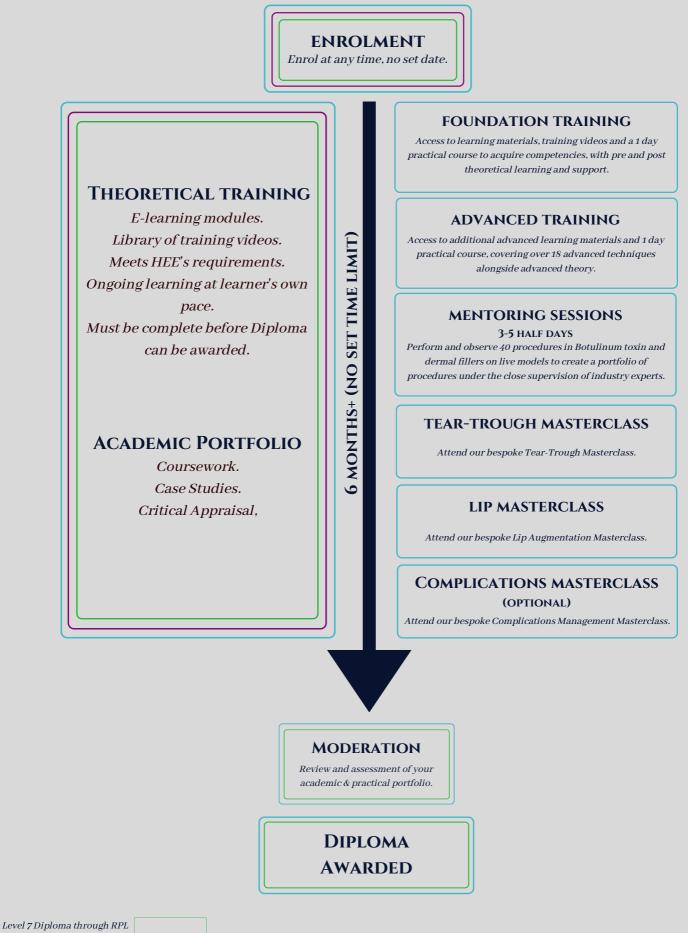
PRACTICAL

LOGBOOK

CRITICAL

CASE STUDY

## LEVEL 7 DIPLOMA STRUCTURE POINTS OF ENTRY



## **PRICING STRUCTURE**

#### RECOGNITION OF PRIOR LEARNING (RPL)

#### FROM £3120.00 (INC VAT)

Suitable if you are an experienced practitioner, have been practicing nonsurgical facial aesthetics, and have documentation/records of your previous training and procedures in toxin and dermal fillers. The price of this package is variable dependent on evidenced experience. Please contact us to discuss your requirements.

#### ENHANCED LEVEL 7 DIPLOMA

£9900.00 (INC VAT)

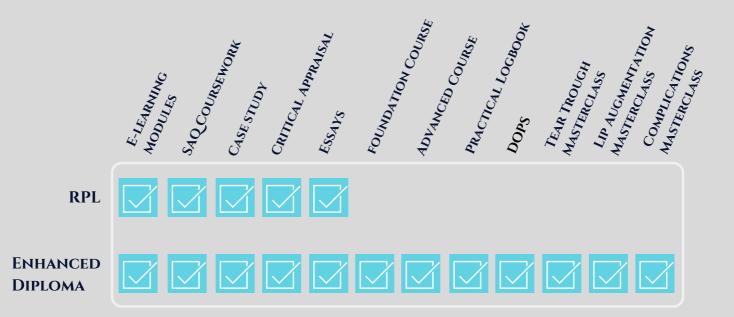
By far our most popular and cost effective option, the Enhanced Package includes our Level 7 Diploma, bespoke Tear Trough Masterclass, Lip Augmentation Masterclass, and Complications Management Masterclass - saving you over £2500 on booking these courses individually!

> Best Value

All of the above options are available to pay in full, or up to 24 interest-free monthly instalments.

If you have previously completed foundation or advanced training with a reputable provider this can be taken off the total of your diploma

## **COMPONENTS INCLUDED IN EACH PACKAGE**



## WHAT MAKES ACQUISITION AESTHETICS UNIQUE?

At Acquisition Aesthetics our main objective is to improve training standards, regulations, and safety; ensuring our provision advances the industry in a way that is quantifiable. Our passion for excellence combined with our surgical training inspired us to create this academy; providing a bespoke collection of comprehensive aesthetic courses for aspiring practitioners who share our ideals.

FULLY ORGANISED ON YOUR BEHALF			
Live models for all mentoring sessions	Consent & after-care forms provided		
All products & all consumables provided	Treatment record forms provided		
Portfolio materials - hard copy & digital	Full consent obtained from portfolio models for use in your future practice *		

\*Obtained consent not applicable to use on delegates' social media platforms or other forms of media promotion

#### FACULTY EXPERTISE

Our directors believe in a multi-disciplinary team approach, meaning you will be taught by expert aestheticians, surgeons, and dentists. Our faculty not only practise in the aesthetics arena but continue to research and publish articles, attend conferences and exhibitions, and hold educational talks; whilst maintaining a first-rate understanding of anatomy and related competencies. Our academy brings together and collaborates with current industry leaders with years of expertise, meaning that the training we offer is second to none.

#### FLEXIBILITY

We understand that as health care professionals, you have a busy schedule. All of our training sessions run on weekends and most are half days. All of our course materials and training videos can be remotely accessed for your convenience. This also maximises the practical training exposure on our courses. The Level 7 Diploma does not follow the traditional academic calendar - you can enrol and graduate at your convenience; perfect should your work commitments or personal circumstances change.

#### CONTINUED LEARNING

Acquisition Aesthetics are proud to provide lifelong mentorship to all our delegates, alongside lifelong access to all of our learning materials and training videos. All graduates are also granted access to our exclusive online Graduate Group - a fantastic platform for networking and for seeking guidance from peers, Acquisition Aesthetics trainers, and other healthcare professionals in the industry.

#### INDUSTRY PARTNERSHIPS

We work alongside some of the industry's largest and most respected companies, including Galderma, Teoxane, and Hamilton Fraser, and as such, we offer our delegates exclusive discounts and priority booking with them. Our partners also include global pharmaceutical companies, insurance providers, skin-care brands and other training providers.

#### FLEXIBLE PAYMENT OPTIONS

We offer flexible, interest-free payment plans for the Level 7 Diploma. Just reach out to our friendly Level 7 team to discuss your circumstances. Need to take a break? No problem.

Want to pay more up-front? We can accommodate.





## **E-LEARNING MODULES & ACADEMIC PORTFOLIO**

This stage of the Level 7 Diploma comprises E-learning materials, coursework, case studies and a critical appraisal. There are 7 E-learning modules to be completed.

Upon enrolment you will gain access to our comprehensive library of online learning materials comprising the following;

Unit 1 > Anatomy, Pathophysiology, and Dermatology for Aesthetic Injectable Therapies. Unit 2 > Medical Assessment, Consultation, and Image Recording. Unit 3 > Aesthetic Injectable Therapies for Facial Treatments. Unit 4 > Aesthetic Injectable Therapies for Non-Facial Treatments. Unit 5 > Clinical Health, Safety, and Welfare. Unit 6 > Critical Literature Review. Unit 7 > Values, Ethics, and Professionalism in Clinical Practice.

Aesthetic Guidelines & Protocols Supplemental Papers When can I complete this stage? At any time

Timeframe? Flexible - complete at your own pace.

What do I need to do to complete this stage? Read the provided online learning materials, do your own reading around the subject, then complete your coursework, essays, case studies and assigned critical appraisal.

The E-learning modules available are designed to provide you with a comprehensive background into aesthetic medicine. In conjunction with the syllabus and the up to date aesthetic guidelines and protocols - these will enable you to structure your answers to your assigned coursework, essays, case studies, and critical appraisal. The supplemental papers and your own reading and research will also be important in completing these theoretical competencies.

Modules have been developed by Acquisition Aesthetics with blended input from plastic surgeons, maxillofacial surgeons, dermatologists, and dental surgeons to fully satisfy the criteria stipulated by the new Health Education England Government Guidelines.

They are designed to be accessed from your own personal devices, in your own time, to fit around your busy family and work-life schedules.

## FOUNDATION COURSE IN TOXIN AND DERMAL FILLERS

The Foundation Course in Toxin and Dermal Fillers is the ideal starting point for those looking to acquire a firm handle on the basics of aesthetics. Comprising of e-learning modules, theoretical learning, and practical injecting training; this course will provide you with a solid base from which to confidently and competently launch your aesthetic practice.



#### WHAT PROCEDURES WILL I COVER?

FOUNDATION BOTULINUM TOXIN TECHNIQUES:

• Upper face Botulinum toxin (forehead, glabella, crows' feet, and bunny lines)

#### FOUNDATION DERMAL FILLER TECHNIQUES:

- Lip enhancement
- Correction of nasolabial folds
- Correction of marionette lines
- Cheek augmentation

The practical portion of this course will provide delegates with the opportunity to inject real product on live model patients. We carefully structure every session to ensure a close degree of supervision for each delegate from our highly experienced faculty. We ensure you learn in the smallest training groups to optimise learning and feedback, and to promote an authentic patient consultation and treatment experience.

#### WHAT TOPICS WILL I COVER?

- ✓ An introduction to the cosmetic industry.
- ✓ Facial anatomy taught by experienced surgeons.
- ✓ The pharmacology of Botulinum toxin and dermal fillers.
- ✓ How to undertake a gold-standard aesthetic consultation.
- ✓ Indications and contraindications of Botulinum toxin and dermal fillers.

- ✓ Botulinum toxin Basic sciences, areas of administration and handling, the Botulinum toxin market, and patient aftercare.
- ✓ Dermal fillers Basic sciences, areas of administration and handling, the dermal fillers market, and patient aftercare.
- ✓ Conquering complications safely.
- ✓ The keys to setting up a successful aesthetic business.

When can I complete this stage? Before you complete your Mentoring Sessions.

> Timeframe? 1 day course.

What do I need to do to complete this stage? Choose from a variety of dates to attend this 1 day training course, which is all set up for you. There is a small amount of pre-course learning material.

> Standalone cost? £879 + VAT.

Delegates are given lifelong access to a wealth of online learning materials, including instructional videos, as well as a practical guidebook. Our team of trainers are highly knowledgeable and experienced, and will provide invaluable industry insight throughout the course.

All delegates that successfully complete a training course with us will receive an invitation to the exclusive Acquisition Aesthetics 'Graduates Group'. A unique space where our graduates can seek guidance from our faculty regarding cases or complications, as well as crowd-source support from their peers and fellow graduates.

> "The graduate group is an invaluable resource for networking and information sharing within our community. In fact I probably wouldn't have completed my first case without it!" -T. Lawrence - AA Graduate 2018

#### Also included:

- Protocols for the management of complications including the use of Hyaluronidase.
- Links with leaders of industry (online pharmacies, insurance providers and more.)
- Template consent forms and medical history forms.
- Template patient information leaflets.

Graduates will be able to start practicing immediately upon completion of this course, subject to insurance, and will also achieve 12 CPD points. If you are new to the discipline, you will need to undertake this foundation training before you will be able to access any of our other courses.

#### A.Matthews - AA Graduate

"Everything you taught me has really stayed with me and seen me through my first hectic year. I truly believe that the training you provided is second to none.

I often read back on the books you provided and find them helpful. Building a business has been hard but I honestly couldn't have done it without your input."

Level: beginner/refresher Duration: 1 day standalone Price: £879 + VAT

## ADVANCED COURSE IN TOXIN AND DERMAL FILLERS

The Advanced Course in Toxin and Dermal Fillers provides aesthetic practitioners with the opportunity to enhance their existing knowledge and acquire the techniques necessary to perform advanced non-surgical aesthetic treatments. A natural progression from the Foundation course, this training day offers a greater focus on practical injection training, including the treatment of functional issues such as hyperhidrosis, facial contouring methods, and the use of the microcannula.

#### WHAT PROCEDURES WILL I COVER?

#### ADVANCED BOTULINUM TOXIN TECHNIQUES:

- Brow lift
- Correction of bunny lines
- Correction of smokers' lines
- Correction of the gummy smile
- Correction of 'down turned' mouths
- Mentalis treatment (chin dimpling correction)
- Jaw reshaping (correction of masseteric hypertrophy) and treatment of bruxism/TMJD
- Nefertiti neck lift (non-surgical facelift)
- Axillary and palmar hyperhidrosis (excessive sweating)

#### ADVANCED DERMAL FILLER TECHNIQUES:

- Mastering the different injection techniques (linear threading; crosshatching; fanning; feathering and combination use)
- The use of microcannula
- Treatment of temple hollowing
- Cheek augmentation
- Lip enhancement using advanced techniques
- Jawline contouring
- Chin augmentation
- Reduction of deeper wrinkles
- Hand filler rejuvenation

As with all our courses, the practical portion of this course will provide delegates with the opportunity to inject live model patients with the best products available on the market.

All delegates will have the opportunity to provide a guided patient consultation and administer treatments under the close supervision of our team of experienced trainers.

#### When can I complete this stage? Following completion of a Foundation course - with ourselves or another provider.

Timeframe? 1 day.

What do I need to do to complete this stage? Choose from a variety of dates & attend. There is a small amount of pre-course learning material.

> Standalone cost? £999 + VAT.

#### WHAT TOPICS WILL I COVER?

✓ Refresher of foundation principles of Botulinum toxin and dermal fillers.

✓ The theory of advanced Botulinum toxin and dermal filler techniques.

✓ Advanced techniques in Botulinum toxin and dermal fillers.

✓ Treatment of functional problems including hyperhidrosis, TMJD, and masseteric hypertrophy.

✓ Facial contouring techniques.

✓ The use of microcannula.

✓ Developing the 'aesthetic eye' during consultations.

✓ Protocols for the management of common complications.

✓ The latest developments in the cosmetic industry (new products, novel techniques and changing guidelines.)

All delegates that successfully complete a training course with us will receive an invitation to the exclusive Acquisition Aesthetics 'Graduates Group' on Facebook. This group is a unique space where our graduates can seek guidance from our faculty, as well as crowd-source support from their peers and fellow graduates. It has also proven to be an invaluable resource for networking and information sharing within our community.

#### Also included:

- Protocols for the management of complications including the use of Hyaluronidase.
- Links with leaders of industry (online pharmacies, insurance providers and more.)
- Template consent forms and medical history forms.
- Template patient information leaflets.

"I could not believe how professional the course was. I was lucky enough to be taught by Dr Antonios and he was amazing. I am thoroughly satisfied with the course and would recommend it to everyone interested in a career in aesthetics. I will definitely be completing another course here soon!"

P.Iqbal – Advanced Graduate 2019

Graduates will be able to start practicing their newly acquired skills upon completion of this course, providing they are already insured. The Advanced Course in Toxin and Dermal Fillers is worth 12 CPD points. In order to attend you will need to have completed our Foundation Course, or a comparable level of training with another training academy.

Level: intermediate/advanced Suitable for: Registered Doctors, Dentists, Nurses Duration: 1 day standalone Price: £999 + VAT

## MASTERCLASSES

#### LIP AUGMENTATION MASTERCLASS

The Acquisition Aesthetics Lip Augmentation Masterclass will give delegates access to our signature lip technique; allowing injectors to acquire the secrets to natural-looking volume, beautiful definition, and how to achieve a soft and hydrated finish. They'll learn how to create beautiful lips that work in harmony with the rest of the face – one of the keys to enhancing overall attractiveness. Our exclusive signature technique combines careful product selection with the layering of a number of advanced injection techniques; whilst tailoring injections to suit the unique needs of each client.

We will teach you how to define the vermillion border, enhance the cupid's bow, and assess the exact product volume needed for a perfect result. You will learn detailed lip anatomy, as well as the academics of lip augmentation; the 'golden ratio' and variations to consider relating to age, gender, and ethnicity. We also cover complications avoidance and management, such as bruising and necrosis; as well as guidance on the use of Hyaluronidase.

Our Lip Augmentation Masterclass is a focused training experience designed to empower you to devise unique treatment plans and deliver beautiful customised outcomes to suit each individual. If you want to perfect your technique for beautiful results, we would be delighted to help you hone your craft.

## Level: beginner/intermediate/advanced Suitable for: Registered Doctors, Dentists, Nurses Duration: 1 day standalone Price: £899 + VAT

When can I complete this stage? Following completion of a Foundation course - with ourselves or another provider.

> Timeframe? 1 day.

What do I need to do to complete this stage? Choose from a variety of dates & attend. There is a small amount of pre-course learning material.

> Standalone cost? £899 + VAT.

#### TEAR TROUGH MASTERCLASS

As a training academy, we pride ourselves on our responsiveness to delegate need. We received an overwhelming number of requests from both new and existing delegates for focused training in the art of tear trough rejuvenation. As such, we have now developed and launched our long-anticipated Tear Trough Masterclass, the only course of its kind in the UK.

With just 8 delegate spaces, a spot on this bespoke Masterclass will give you access to our expert trainers covering advanced facial and ocular anatomy, as well as how to diagnose and identify causes of tear trough deformity. You will become familiar with associated risks and how to manage these, and perfect the techniques required for the most effective treatment of tear troughs. Our experienced faculty are looking forward to sharing the secrets to mastering this highly complicated, yet highly coveted procedure.

## Level: beginner/intermediate/advanced Suitable for: Registered Doctors, Dentists, Nurses Duration: 1 day standalone Price: £999 + VAT

#### When can I complete this stage? Following completion of a Foundation course - with ourselves or another provider.

Timeframe? 1 day.

What do I need to do to complete this stage? Choose from a variety of dates & attend. There is a small amount of pre-course learning material.

> Standalone cost? £999 + VAT.

#### COMPLICATIONS MASTERCLASS

We believe knowledge and preparedness are key to effective complication avoidance and management. Our bespoke Complications Masterclass ensures you have all the necessary skills to manage any unexpected or undesirable outcomes whilst treating patients, and will give you the tools to act quickly and confidently.

This focused online masterclass delivers robust training on the anatomy of complications, including advanced facial anatomy, anatomical layers, and danger zones; as well as recognition and diagnosis of complications. Delegates will take an in-depth look at how complications occur, alongside treatment for both toxin and dermal fillers. A comprehensive study of Hyaluronidase rounds off the session: indications for use, reconstitution, a protocol for administration, and ancillary treatments, alongside enlightening case examples to cement learning.

## Level: beginner/intermediate/advanced Suitable for: Registered Doctors, Dentists, Nurses Duration: 1 day standalone Price: £699 + VAT



Timeframe? 6 - 8 hours of e-learning

What do I need to do to complete this stage? Learning materials from this course are provided online and can be completed at your own pace.

> Standalone cost? £699 + VAT.

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## PRACTICAL PORTFOLIO & LOGBOOK - MENTORING SESSIONS

This stage of the Level 7 Diploma is designed to meet the Health Education England guidelines for practical experience and to help you complete your portfolio. Your mentoring sessions also provide the platform for your DOPS.

## Dr.J.Munro - AA Graduate

"The mentoring sessions are so well run and organised. They're a great opportunity to ask questions of the knowledgable and friendly trainers, get feedback, build confidence and really prepare for the final exam."

#### Direct Observation of Procedural Skill (DOPS)

A supervision and feedback framework for learners to receive feedback on their direct interaction with patients and consultation skills. DOPS examines your skills as a clinician, your ability to talk to patients in a professional manner, and your ability to practise safely.

Level 7 students must observe and perform a total of 40 Botulinum toxin and dermal filler procedures (20 observed, 20 performed under supervision.) These procedures can be acquired via our clinical mentoring sessions. These sessions are fully arranged for you.

We organise live model patients, and provide all products, consent and treatment record forms, insurance, and consumables. You will also receive a portfolio in which to record the evidence of your 40 procedures.

On an Acquisition Aesthetics mentoring session, a Level 7 candidate can expect to be led through an aesthetic consultation, and guided as they conduct the consenting process with their patients. They will also observe treatments, and/or perform treatments under supervision. When can I complete this stage? Anytime after completing a Foundation Course.

> Timeframe? 3-5 half days.

What do I need to do to complete this stage? Attend 3-5 mentoring sessions. Choose from a variety of dates - these sessions are all set up for you.

Candidates will achieve a combination of up to 10 observed/supervised performed treatments per mentoring session in small, focused mentoring groups with expert feedback.

Making the decision to undertake a training course requires commitment and an investment of your time, mental energy, and finances. Unlike other academies, Acquisition Aesthetics provide all live models, consumables, products, and consent forms – helping to reduce the costs and responsibilities our candidates have to shoulder.

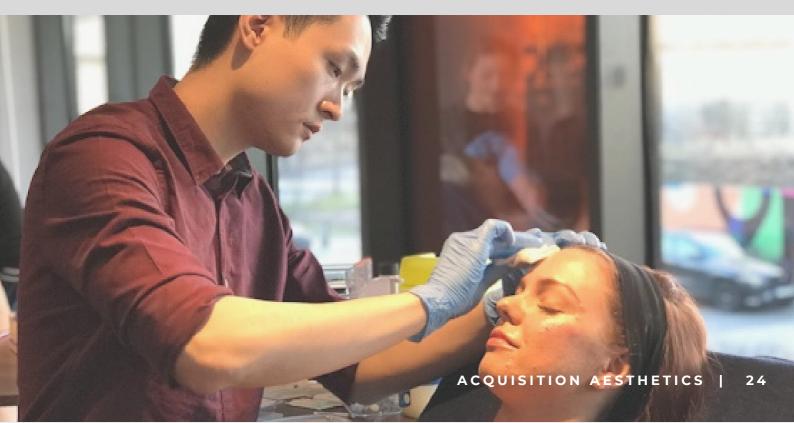
## **ASSESSMENT & MODERATION**

Upon completion of all components of the diploma, your academic and practical portfolio will be assessed and moderated. Unlike comparable qualifications at this level, you will not be required to sit a clinical examination; your practical competencies are evidenced throughout the diploma.

Your assessments are accredited and quality checked by *OTHM*, overseen by the Government's Office for Qualifications (Ofqual).

Your portfolios will be marked against a standardised marking scheme, and it will also be subject to verification and moderation by OTHM to ensure it is fair.

Following successful assessment of your academic and practical portfolio you will be issued with your Level 7 Diploma in Clinical Aesthetic Injectable Therapies.



## MEET THE FACULTY

With a trusted board of advisors, mentors, and lecturers in the fields of plastic surgery, maxillofacial surgery, oral surgery, and dermatology - Acquisition Aesthetics has grown into a pioneering company delivering a range of courses, including cadaveric refresher courses and mentoring sessions. We strive to teach current, evidence-based practice where possible and continue to publish work within the aesthetic arena.

As well as partnering and working closely with a number of industry leaders, our directors are both Key Opinion Leaders for leading global pharmaceutical company Galderma. Along with our other outstanding faculty members, they regularly speak at national and international conferences and exhibitions including the British Association of Cosmetic Nurses (BACN), the Aesthetics Conference and Exhibition (ACE), the British Association of Plastic, Reconstructive and Aesthetic Surgeons (BAPRAS) and the British Association of Oral and Maxillofacial Surgeons (BAOMS.)

### OUR CORE LEVEL 7 FACULTY

Bryony is the Level 7 Lead for Acquisition Aesthetics. Bryony is a Clinical Teaching Fellow at Newcastle Dental Hospital and teaches Emergency Dentistry and Anatomy. In addition to this she is currently carrying out her PhD in Dental Education.

Bryony has been practicing Facial Aesthetics since 2016 and has been a trainer with Acqusiition Aesthetics since 2020. She has loved the role and the development in delegate's confidence on courses.

Bryony is passionate about the Level 7 Diploma and has developed many different aspects to help delegates through their very exciting journey.

Feel free to contact her with any queries regarding the dipoma at bryony@acquisitionaesthetics.co.uk and she will be happy to assist. LEVEL 7 LEAD Dr Bryony Elder BCHD



Dr. Mitsakos is a consultant plastic surgeon, based in Harley Street. He completed his training to the highest standard of practice at the world-renowned St Thomas Hospital after finishing his medical studies in Athens and Milan. Dr. Mitsakos has performed reconstructive surgery in his NHS roles and his expertise forms the foundation of his aesthetic practice. He has trained in some of the most prestigious units in central London hospitals and has extensive experience in a large variety of plastic surgery procedures.

Dr. Mitsakos is a highly regarded teacher and trainer of nonsurgical aesthetic techniques. He has been practicing injectable procedures since 2008. He currently holds the highest level 7 accredited trainer status. His friendly and confident manner is frequently remarked upon by his many former trainees.

Dr. Mitsakos undertakes meticulous preoperative planning and follows very strict clinical protocols to optimise outcomes for all patients.

He has been a senior member of the Acquisition Aesthetics team since 2016, training aspiring practitioners in the safe delivery of Botulinum toxin, dermal fillers and PDO threads.

His surgical expertise and extensive knowledge of the aesthetics world make him an excellent mentor for our Foundation, Advanced, and Level 7 courses.

#### **DR. ANTONIOS MITSAKOS** MBBS (LOND), BSC(HONS), DPMSA(LOND),

MRCS(ENG), MSC(LOND)



Dr. Ahmed graduated in Medicine from The University of Manchester in 2010. She trained as a GP in London and became a member of The Royal College of General Practitioners.

In addition to practicing as a GP, Dr Ahmed works as an Aesthetic Doctor in her London clinic, Dr Selina Clinics. Having obtained a distinction in her Postgraduate Diploma in Clinical Dermatology, Dr Ahmed is extending her role as a Dermatology Specialist.

She has worked extensively at a skin clinic in Mayfair and is trained in anti-wrinkle injections, advanced dermal fillers, chemical peels, PRP (platelet rich plasma), radio frequency, and fat dissolving injections including Aqualyx and Celluform. Combined with her background in teaching, Dr Ahmed offers high quality training at Acquisition Aesthetics.

#### Dr. Selina Ahmed mbchb, mrcgp, dch, frcgp



Dr. Elle Reid graduated from Newcastle University in 2012 with Merit in Clinical Dentistry. She continued her studies to receive the Diploma of Membership of the Faculty of Dental Surgery at the Royal College of Surgeons, in Edinburgh in 2014.

Dr. Reid has worked in both the practice and hospital dental setting including experience as a Senior House Officer in a maxillofacial department working with patients with facial trauma.

Dr. Reid currently practices as an Associate Dentist as well as working as a facial aesthetician at dental clinics across Newcastle. She has established her own aesthetics company, Paragon Aesthetics - mentoring the two practitioners that work alongside her.

#### DR. ELLE REID BDS(HONS), MFDS



Dr. Zahra Fazal qualified from King's College London in 2012 with a Bachelor's Degree in Dental Surgery. She has since completed her MFDS at the Royal College of Surgeons in Edinburgh, and achieved distinction in a PgCert in Aesthetic Medicine from Queen Mary University of London.

Having worked as a general dental practitioner, Dr. Fazal has now left clinical dentistry to focus purely on facial aesthetics. She is director of Tweak Facial Aesthetics, as well as being a lead injector for Skinsmiths UK. In addition to this she provides facial aesthetics to multiple clinics across London.

With a keen eye for detail and a knack for science, Dr. Fazal has the perfect skill set to deliver beautiful aesthetic results.

#### DR. ZAHRA FAZAL BDS MFDS (RCSED) PGCERT (AESTHETIC MEDICINE)



Dr. Yusra Al-Mukhtar qualified as a dental surgeon with Honours and Distinction from King's College London after obtaining an undergraduate degree in Medical Science and management with First class honours, from Imperial College, London.She has years of experience in head and neck surgery and aesthetic medicine.

Dr. Al-Mukhtar developed a deep interest in facial aesthetic treatments and facial contouring with dermal fillers, and with safety in mind; delivers effective facial aesthetic treatments to her patients. She works in a skin clinic and in private practice focusing on aesthetic dentistry and facial aesthetic treatments, and carrying out a large number of 8-point face lifts and lip augmentations.

Dr. Al-Mukhtar is dedicated to supporting the profession in providing safe, effective aesthetic treatments for her patients.

#### DR, YUSRA AL-MUKHTAR BSC (Hons), BDS(Hons), MJDF(Eng), MFDS(Eng)



Dr. Zainab Al-Mukhtar qualified as a dentist in 2010 and has worked in both the NHS & private practice. She has completed extensive training in cosmetic dentistry and advanced facial aesthetics. She has been a clinical trainer since 2014 in facial aesthetics, and runs a dental & aesthetics clinic in North West London, as well as working as a cosmetic injector at Beyond Medispa in Harvey Nichols, Knightsbridge.

Dr. Al-Mukhtar is a member of both the Royal Colleges of Surgeons of England and of Edinburgh. She was nominated for the "Best Young Dentist" award in 2018/2019 and was a finalist for the "Full Facial Treatment" award at the Aesthetic Dentistry Awards 2018.

She is passionate about safe, ethical cosmetic treatments with natural looking results, striving to bring about a strong sense of self-confidence in her patients.

#### DR. ZAINAB AL-MUKHTAR BDS MFDS RCSED MJDF RCSED



Dr. Safa Al-Naher is an Aesthetic Dentist and Clinical Lead of the Care Dental Group In West London. She graduated from King's College London in 2011 and went on to complete MFDS from the Royal College of Surgeons in Edinburgh. She has been an injectable aesthetic practitioner for 8 years and blends this with her Dentistry, offering a holistic way of helping patients achieve the improvements they want by considering the face as a whole.

Dr. Al-Naher has trained in wrinkle reduction with toxin, dermal fillers, threadlifting, and chemical peels, and is a certified Obagi Medical Prescriber. She has completed post graduate certificates in Dental Implants and Restorative and Aesthetic Dentistry. She is a busy Invisalign clear braces Provider and is currently studying for a Diploma in Clear Aligner Therapy.

DR. SAFA AL-NAHER BDS (Kings College London), MFDS RCSEd, PGCert RAAD (Man)



Dr. Aneesha Ahmad qualified in 2008 from Manchester University after having completed the prestigious intercalated medical degree from the University of St Andrews in Scotland. She has been a medical doctor for 10 years and also works as a GP principal with a special interest in Dermatology.

She is the Medical Director for Skyn Doctor and is fully qualified in all advanced injection techniques and skin care. She is an ambassador for Obagi Medical; one of the leading skin care brands in the industry.

Dr. Ahmad has a passion for aesthetic medicine, and has a particular interest in structural restoration and reversal of the ageing process. She regularly attends national conferences and is also a tutor for the Cosmetic Medicine post graduate Diploma for the University of Wales.

#### DR. ANEESHA AHMAD BSC(MEDSCI) MBCHB, FRCGP, PG DIP DEM (Distinction)



Dr. Najia Shaikh is a London based GP and Cosmetic Doctor with more than 15 years' experience of working in the medical sector. She currently divides her time as a practicing GP and running her own aesthetic clinic (One Skin clinic) in Harley Street.

Dr. Shaikh has a wealth of experience in performing a variety of aesthetic treatments to treat a host of skin concerns, including injectables (anti-wrinkle injections and dermal fillers), non surgical thread lifts, micro-needling, chemical peels, platelet-Rich Plasma (PRP), and Profhilo.

She takes a genuine pleasure in making a positive difference in people's lives, not only through boosting their physical appearance, but also their confidence and self-esteem.

#### DR. NAJIA SHAIKH



#### DR. JASKAREN MIDHA BCHD

Dr. Jaskaren Midha is a dentist and expert injector, with a successful skin clinic based in Leeds.

She is very passionate about practicing safe medical aesthetics and using advanced techniques to enhance a patient's natural beauty. She has recently trained with the world-renowned plastic surgeon and creator of the MD CODES, Mauricio Demaio.

As an ever expanding and growing company, we regularly recruit additional expert team members.

If you're interested in joining our faculty as an aesthetics trainer, please get in touch at recruitment@acquisitionaesthetics.co.uk.



## RECOGNITION OF PRIOR LEARNING FOR EXPERIENCED PRACTITIONERS

Should you already be an experienced aesthetician looking to gain Level 7 accreditation, it may be possible for you to undertake this option.

Recognition of Prior Learning (RPL) is a method of assessment (leading to the award of credit) that considers whether candidates can demonstrate that they can meet the assessment requirements for a unit through knowledge and understanding, or skills they already possess, and therefore need not develop through a course of learning.

RPL is accepted for most components of the Level 7 Diploma, subject to satisfactory evidence of recognised prior clinical experience and theoretical understanding.

If you have previously completed any aesthetics study or courses, and/or you are currently practicing as an aesthetician, you may have already fulfilled components of the Level 7 Diploma. This could mean you are able to use our RPL package to achieve your diploma via a bespoke learning schedule.

Contact our team to discuss your experience and requirements in more depth.

ACQUISITION AESTHETICS

## CONTACT US

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## LEVEL7@ACQUISITIONAESTHETICS.CO.UK









We encourage you to contact us for more information, and we welcome you to join Acquisition Aesthetics and begin your journey to becoming a Level 7 qualified aesthetic expert.

