

# ACQUISITION AESTHETICS CLINICAL DEVELOPMENT DAY





# GOALS AND LEARNING OBJECTIVES

## **Proficient Treatment Execution**

- Delegates will be able to perform toxin and dermal filler treatments with precision and confidence.
- They will understand the procedural steps, safety protocols, and aftercare requirements.

## **Effective Patient Assessment and Planning**

- Delegates will demonstrate the ability to assess patients' needs and develop tailored treatment plans.
- They will understand the importance of detailed consultations and obtaining informed consent.

## **Comprehensive Case Study Documentation**

- Delegates will learn to document treatments accurately and write thorough case studies.
- They can produce case studies suitable for professional publication and clinic use.

## **Photography Techniques**

- Delegates will acquire skills in patient photography, understanding the technical and aesthetic aspects.
- They can produce clear, professional images that enhance their case presentations and marketing materials.

## **Professional Development and Collaboration**

- Delegates will engage in peer learning and mentorship, gaining insights from experienced practitioners.
- They will develop a network of professional contacts and resources to support their ongoing career growth in aesthetics.



# OUTLINE

You are instructed to bring a model of your choosing for the completion of your case studies. The model ideally will receive toxin treatment and dermal filler from start to finish by the same delegate

The session will be a half day, with delegates either attending the morning or afternoon session.

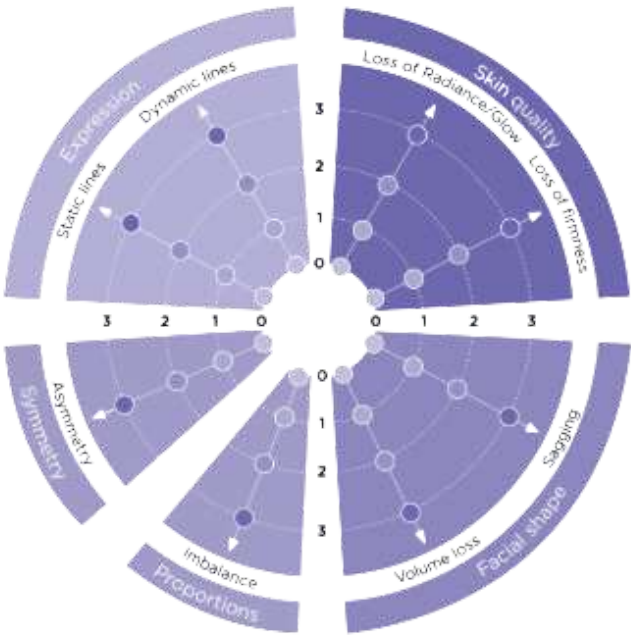
The other delegates can observe the treatment from start to finish, including photographs, consent taking, EMLA application, treatment planning, and notes.

Following the clinical development workshop, the delegates are encouraged to write case studies using their gathered images and experiences.

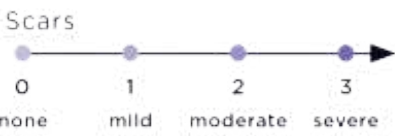
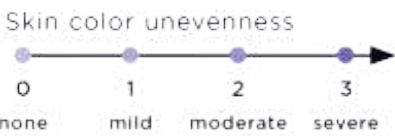


# ACQUISITION AESTHETICS FACIAL ASSESSMENT

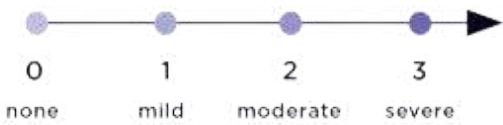
Patient Initials		DOB	
Today's Date			
Patient Main Concerns			
HPC			
Previous Treatments			



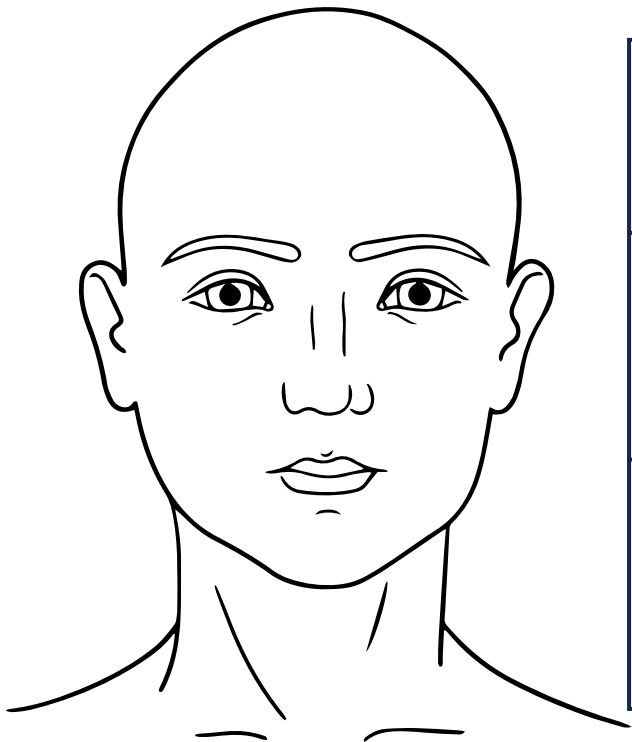
### ADDITIONAL SKIN EVALUATION



### SEVERITY EVALUATION SCALE



## Treatment Recommendations



Neurotoxin	
Skin	
Dermal Filler	

# DELEGATE CHECKLIST

CHECKLIST ITEM	Details
PRE-WORKSHOP PREPARATION	
SELECT AND CONFIRM THE MODEL	Source a suitable model. Check availability for the entire workshop duration. Verify suitability for both toxin and dermal filler treatments.
COMMUNICATE WITH MODEL	Ensure the model knows the arrival time and location. Provide details on what to expect during the workshop.
PREPARE PATIENT DOCUMENTATION	Pre-treatment photographs. Create a rough treatment plan. Ensure consent forms are ready for the model's signature.
GATHER NECESSARY MATERIALS	Personal protective equipment (PPE). Additional tools and supplies are needed for treatment (e.g., EMLA cream and spatulas).
STUDY AND REVIEW	Familiarise yourself with treatment protocols, anatomy, and injection techniques.
DAY OF WORKSHOP	
8:30 AM ARRIVAL	Check-in. Confirm attendance and receive workshop materials. Ensure the model is registered and comfortable.
GROUP 1: MORNING SESSION	
9:00 - 9:45 AM: ASSESS MODELS	Review the model's medical history on iPads (Name, DOB, address, etc.)—Finalise the treatment plan with trainer guidance. Obtain consent for toxin and dermal fillers.
9:45 AM - 12:45 PM: TREAT MODELS	Photographs: Take pre-treatment photos. Preparation: Remove makeup and apply EMLA cream with a spatula. Treatment: Perform injections under supervision. Post-care: Provide instructions. Post-photos: Take post-treatment photos.
GROUP 2: AFTERNOON SESSION	
1:00 PM: ARRIVAL	Check-in for the afternoon session.
1:30 - 2:15 PM: ASSESS MODELS	Review the model's medical history on iPads (Name, DOB, address, etc.)—Finalise the treatment plan with trainer guidance. Obtain consent for toxin and dermal fillers.
2:15 - 5:15 PM: TREAT MODELS	Photographs: Take pre-treatment photos. Preparation: Remove makeup and apply EMLA cream with a spatula. Treatment: Perform injections under supervision. Post-care: Provide instructions. Post-photos: Take post-treatment photos.
POST-TREATMENT	
CASE STUDY WRITE-UP	Utilise photos and treatment notes to write a comprehensive case study following workshop guidelines.
TRAINER REVIEW	Present case study to the trainer for feedback and make necessary revisions.
SUBMIT CASE STUDY	Submit the final version of the case study with model consent for website publication and possible AJ presentation.
ADDITIONAL CHECKLIST ITEMS	
REFRESHMENTS	Bring water and snacks to stay hydrated and energised.
NOTEBOOK	Have a notebook or digital device ready to take notes during the workshop.
QUESTIONS	Prepare any questions you may have for trainers or peers in advance.

# DELEGATE INFORMATION

## OUTLINE OF THE DAY

Welcome to the Clinical Development Day, designed to culminate your Level 7 Diploma in Clinical Aesthetic Injectable Therapies. This day is your opportunity to refine and demonstrate the skills you've developed through numerous training days, mentoring sessions, and academic learning. You'll discuss, plan, record, and execute a complete treatment plan from start to finish.

## ARRIVAL AND INTRODUCTION

- Your trainer will greet you and outline the day for you and two other Level 7 colleagues.
- Following this briefing, you will privately plan your treatment with your patient, whom you are asked to bring along for the day.

## TREATMENT PLANNING

- Use the provided faculty iPad with our software to carry out the medical history, consent, and photographs needed for treatment.
- Apply the topical anaesthetic to your patient, if appropriate.
- Your case should ideally incorporate a combination of neurotoxin and dermal filler.
- Present your case to the trainer and other delegates. You can support this with images and paperwork or through an informal discussion.

## TREATMENT EXECUTION

Once the treatment plan is decided upon, you will take your patient to the treatment room. Note that your patients' timing will be allocated before the day, as shown in the agenda below.

- Carry out all aspects of the treatment plan under the guidance and support of your trainer. The treatment must be completed within 60 minutes.
- Take postoperative photographs and document the details of the products used on the AA iPad. Provide aftercare instructions and ensure the patient is happy with the outcomes.
- Observation and Learning
- The remainder of the session will be spent observing your colleagues' rationale for treatment planning and their treatments from start to finish.
- Record any further treatments completed by your colleagues as observed treatments for your logbook.

## AIMS OF THE SESSION

Experience an Aesthetic Appointment: From start to finish, understand the flow of a treatment session.

# MODEL INFORMATION

## INFORMATION FOR PATIENTS

Thank you for considering being a model for Acquisition Aesthetics' Clinical Development Day. This day is designed for our delegates undergoing the Level 7, who are at the final stage of their diploma. You will receive treatment under the close supervision and guidance of our highly experienced training staff.

### Arrival Time

- You will arrive at the same time as your delegate. They will have an open and honest discussion with you to plan the best course of treatment.
- Longer treatment plans may be suggested, which you are welcome to follow up in their private practice after the treatment day.

We appreciate your participation, as it is invaluable in helping our delegates complete their training and become skilled practitioners.



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