



L7 BULLETIN

NO.14

Summer 2025

JOURNAL CLUB

Acquisition Aesthetics' latest research publications

ACADEMIC

Marking Updates

HARLEY SUPPLIES

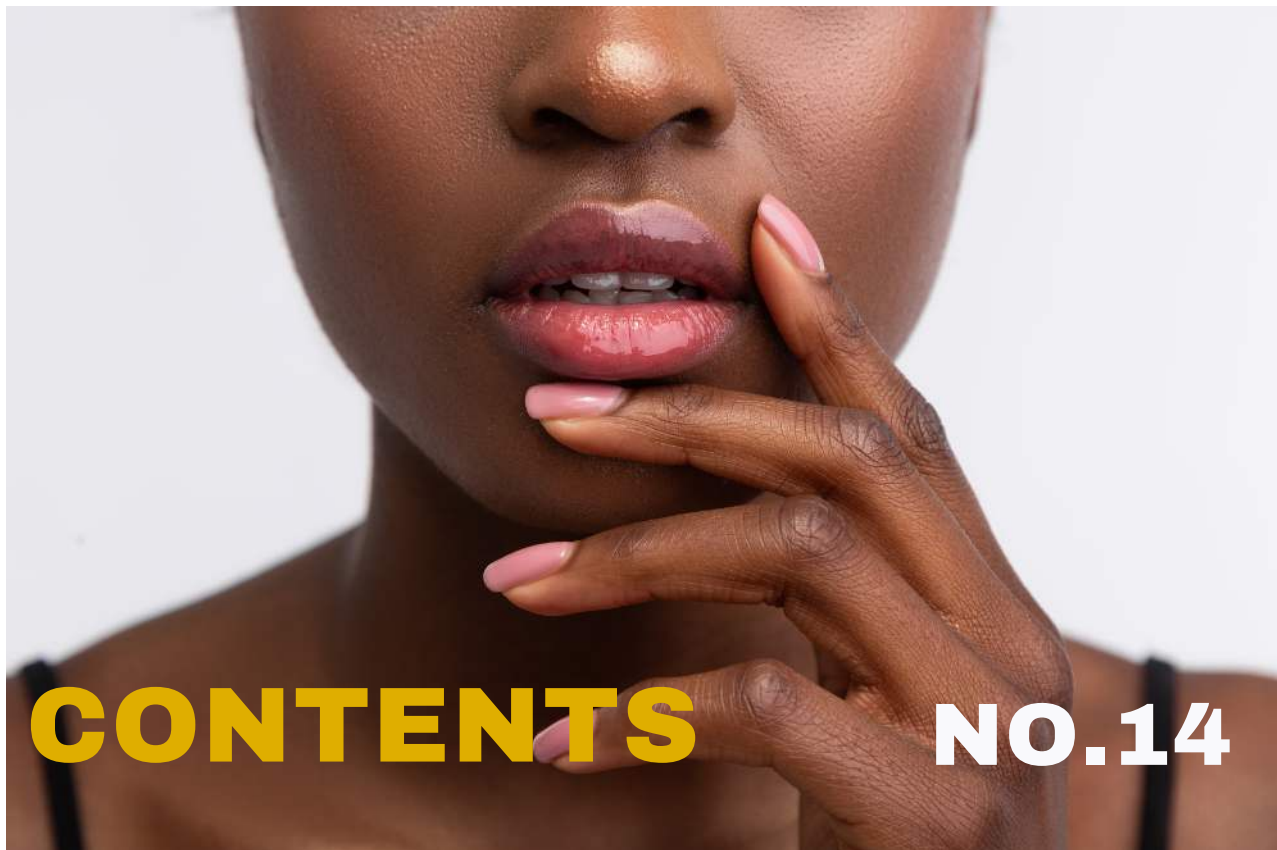
Introducing the distribution arm of Acquisition Aesthetics

DIPLOMA SESSIONS

Complications - Dr Lee Walker
Exosomes - Dr Emmaline Ashley
Illumination and Shadow - Dr Priya Chadha
Skin of Colour - Dr Amiee Vyas

EVENTS

What's Coming Up



CONTENTS

NO.14

PAGE 3

Journal Club

In this edition, we are going to showcase some of the amazing research publications coming out of Acquisition Aesthetics this year.

PAGE 6

Harley Supplies

Introducing your clinic partner

PAGE 7

Marking Updates

Submission dates.

PAGE 8

Summer Diploma Sessions

Learn about our incredible upcoming Diploma Sessions

PAGE 12

Upcoming Events

What's Coming Up in Acquisition's Level 7 Family - including an **awards night**, drop in sessions, and more.

ACADEMIC JOURNAL CLUB

The Research & Development team at Acquisition Aesthetics is driven by our commitment to clinical excellence, patient safety, and advancing the science of aesthetic medicine. We want to highlight some of the peer-reviewed studies we've published in the past 12 months across international journals, addressing some of the most pressing topics in the field — from technique innovation to safety outcomes and systemic inequality.



1. Retrospective Analysis of 2227 Restylane Filler Treatments

American Journal of Cosmetic Surgery (2025)

📍 Setting: Acquisition Aesthetics

📊 Treatments: 2,227 HA filler procedures

📈 Complication rate: 0.27%

🔍 Key Takeaways:

- Tear troughs and lips showed slightly higher complication rates (not significant).
- Most events were mild (bruising, asymmetry); no serious AEs were recorded.
- Validates the safety and oversight of HA filler treatments in a supervised training setting.
- [\[DOI: 10.1177/07488068251329847\]](https://doi.org/10.1177/07488068251329847)

2. Multilayering Technique of Injecting Dermal Fillers

American Journal of Cosmetic Surgery (2024)

📖 Review Type: Scoping review of 6 studies (cadaver + clinical)

🧠 Technique: Multi-plane filler injections tailored to facial anatomy and filler rheology

✅ Benefits:

- More natural outcomes
- Improved longevity
- Lower risk of overfilling
- ⚠️ Gap Identified: Lack of large-scale RCTs comparing with single-layer methods
- [\[DOI: 10.1177/07488068241304552\]](https://doi.org/10.1177/07488068241304552)

3. Psychosocial Motivations for Aesthetic Treatments in the Post-COVID Era

Journal of Cosmetic Medicine (2024)

- 📍 Surveyed: 147 patients post-pandemic
- 💬 Top motivators: Confidence, ageing, reduced self-consciousness
- 🧠 New finding: Subtle shift toward social conformity and appearance acceptance post-COVID
- 💡 Clinical relevance: Highlights need for patient-centred, psychologically sensitive consultations
- 🔗 [\[DOI: 10.25056/JCM.2024.8.1.34\]](https://doi.org/10.25056/JCM.2024.8.1.34)

4. Gender Disparity in Speaker Representation at International Aesthetic Conferences

Journal of Clinical & Aesthetic Dermatology (2024)

- 📊 Findings:
 - 66% of speakers were male across AMWC, IMCAS, and FACE
 - 26.4% of panels were entirely male
 - 🧑 Context: In a female-dominated patient population, women remain underrepresented on stage
 - 🧠 Call to action: More inclusive speaker invitations, mentoring, and visibility for female leaders
 - 🔗 [\[JCAD September 2024; 17\(9\):25-27\]](#)

5. The Impact of Maternity Leave on Aesthetic Clinicians & the Need for a Return-to-Work Scheme

Aesthetic Plastic Surgery (2025)

- 😊 Study design: Qualitative interviews with 8 UK-based female injectors
- 💡 Insights:
 - Average leave: 2.6 months
 - Key challenges: breastfeeding, client retention, psychological strain
 - No formal RTW policy exists in aesthetics
 - 📌 Proposed solution: Flexible, mentored RTW support and contractual protection during leave
 - 🔗 [\[DOI: 10.1007/s00266-025-04706-1\]](https://doi.org/10.1007/s00266-025-04706-1)

6. What Does It Mean to Be Beautiful?

 Journal of Clinical and Aesthetic Dermatology (2025)

- A deep dive into AI-driven beauty tools (e.g., Facial Aesthetic Index, Youthfulness Index)
- Critiques the limitations of algorithmic beauty scoring
- Integrates evolutionary biology, neuroscience, and cultural theory to reframe beauty as subjective, multifactorial, and individual
- Advocates for combining clinical judgment, cultural awareness, and patient-led goals in treatment planning
- [🔗 \[JCAD 2025;18\(4\):24-27.\]](#)



INTRODUCING HARLEY SUPPLIES

As an Acquisition Aesthetics delegate, you're part of a select group — and now, that comes with even more benefits.

Introducing **Harley Supplies** — our handpicked distributor created by clinicians, for clinicians. We're curating a **portfolio of market-leading products, tools, and consumables** that meet the exacting standards of aesthetic professionals like you.

As part of the Acquisition Aesthetics, you'll get:

- **Exclusive AA discounts** on premium, practitioner-approved products
- **Early access** to new launches and bestsellers
- Special **alumni perks** and **bundles** to support your ongoing practice
- **Clinical insights** + **product guidance** from the Harley Supplies team

[Register now](#)



SUBMISSION REOPENED!

We're pleased to inform you that the submission portal is now reopen. Thank you for your patience during the temporary closure — this pause has helped ensure we maintain the quality and fairness of our marking process.

Please take note of the upcoming submission deadlines:

Formal Submissions:

-  Friday, 13th June 2025
-  Friday, 5th September 2025
-  Friday, 28th November 2025

Informal Submissions:

-  Friday, 25th July 2025
-  Friday, 17th October 2025
-  Friday, 9th January 2026

We look forward to receiving your work. Should you have any questions, please don't hesitate to get in touch.



DIPLOMA SESSIONS

We're excited to be showcasing a full educational schedule for 2025, including a range of national and international guest lecturers who are all renowned experts in their own field.

7PM JUN 9TH

COMPLICATIONS WITH DR LEE WALKER



A World-Leading Expert Joins Us

We are incredibly proud to welcome Dr. Lee Walker for a dedicated Diploma Session on Complications in Aesthetic Medicine.

If you're not already familiar with him, you're about to learn from one of the most respected voices in our industry. Dr. Walker is globally recognised for his leadership in complication management, vascular occlusion, and filler-related blindness—his publications and protocols have set the benchmark for safe, ethical practice around the world.

Author of numerous peer-reviewed papers, international speaker, and trusted advisor to both Teoxane and Revance Therapeutics (USA), Dr. Walker brings an unparalleled depth of expertise to the table. He has even authored a textbook on injection anatomy and facial ageing that many of us consider required reading.

This is an extraordinary opportunity to learn directly from the expert that other experts learn from. His session promises not only to sharpen your clinical skills—but to elevate the way you understand risk, safety, and responsibility in aesthetic practice.

Do not miss this.

DIPLOMA SESSIONS

7PM JUN 16TH

EXOSOMES WITH DR EMMALINE ASHLEY



We're thrilled to have Dr. Emmaline Ashley leading this cutting-edge Diploma Session on one of the most exciting frontiers in aesthetic medicine: **exosomes**.

With a background in emergency medicine and surgery, Dr. Emmaline brings sharp clinical insight to every conversation—alongside a fierce passion for education. Formerly a surgical tutor and lecturer at the Royal College of Surgeons Ireland, she has gone on to complete a Master's in Surgery (with a focus on plastic surgery), a Postgraduate Certificate in Clinical Dermatology, and a Level 7 Diploma in Aesthetic Medicine.

In this session, she'll take you beyond the basics and into the rapidly evolving world of **regenerative aesthetics**—where exosomes are rewriting what's possible for skin healing, collagen stimulation, and cellular communication.

This isn't just theory: Dr. Emmaline and our esteemed clinical director Dr. Lara Watson will be unveiling the specific exosome technologies that Acquisition Aesthetics has handpicked to work with—after rigorous review and clinical scrutiny.

If you're serious about staying at the forefront of aesthetic innovation, this session is unmissable.

DIPLOMA SESSIONS

7PM 10 JULY

ILLUMINATIONS AND SHADOWS WITH DR PRIYA CHADHA



We are honoured to present a **signature Diploma session** with none other than our esteemed Clinical Director, Dr. Priyanka Chadha, Consultant Plastic Surgeon, educator, and co-founder of the award-winning Acquisition Aesthetics Academy.

In this transformative session—*Illuminations and Shadows*—Dr. Priya takes delegates beyond textbook anatomy into the art and science of advanced facial assessment. This is about more than just technique. It's about learning how to truly read the face, understand how light interacts with contour, and inject with intention to create refined, natural, and deeply personalised results.

If you've ever wondered how to distinguish a good injector from a masterful one—this is the difference.

Dr. Priya brings unmatched expertise to the session as a Consultant Plastic Surgeon and top-ranking UK Surgical Trainee. She is the author of numerous publications and lead investigator on national clinical trials, a national and international speaker, trainer, and mentor in aesthetic medicine, recipient of over 50 national and international awards.

This is a rare opportunity to learn directly from one of the most decorated and dynamic women in aesthetic medicine. Dr. Priya's teaching style is both clinical and captivating—equipping you not just to inject, but to elevate your practice to an art form.

Prepare to see faces—and your own skills—in a whole new light.

DIPLOMA SESSIONS

7PM 12 AUGUST

HOW TO TREAT SKIN OF COLOUR WITH DR AMIEE VYAS



We are beyond honoured to welcome Dr. Amiee Vyas to the Diploma faculty for a standout session on **Treating Skin of Colour**—a vital and often underrepresented area in aesthetic medicine.

You may also know Dr. Amiee from her appearances on ITV's *This Morning* and *Loose Women*, or her expert commentary in *Tatler*, *Vogue*, *Elle*, *Harper's Bazaar*, *The Independent*, and *Glamour*.

Dr. Amiee is the founder of Doctor Amiee Facial Aesthetics and Skin, based in the heart of Mayfair, London.

A key opinion leader in cosmetic dermatology, she is widely respected for her clinical expertise and depth of experience in treating a broad spectrum of skin tones with precision and sensitivity.

Her passion for education and advocacy has made her a trailblaser in raising standards and improving inclusivity within the aesthetics industry.

This Diploma session will offer more than clinical insights—it's a masterclass in cultural competency, aesthetic nuance, and ethical excellence.

Dr. Amiee is one of the most in-demand voices in aesthetic medicine today—and we are incredibly lucky to have her.

Do not miss this opportunity to learn from the best.

SAVE THE DATE: CPD & ALUMNI AWARDS EVENING **– 4TH SEPTEMBER 2025**



Time: 5:30 PM – 9:00 PM

Location: 10 Argyll Street, London


Cost: Absolutely Free!


CPD Accredited

We're thrilled to announce a special evening dedicated to professional development, recognition, and celebration – and you won't want to miss it.

Join us on Thursday, 4th September 2025, for our CPD & Alumni Awards Event, an evening designed to bring together members of the Acquisition Aesthetics community and the wider aesthetics network.


What to Expect:

 **CPD Session** – Sharpen your knowledge and expand your professional network. This part of the evening is open to all healthcare professionals (HCPs), particularly those interested in aesthetics who are yet to begin their formal training.

 **Alumni Awards Ceremony** – A celebratory event honouring outstanding delegates currently enrolled on, or graduates of, our Level 7 Diploma or Ultimate Practitioner Pathway (UPP). Select faculty and friends of the industry will also be joining us for an evening of inspiration and networking.

Booking Info:

- The CPD session will be open to all HCPs, with a booking link shared via email soon.
- The Awards Event is invite-only for AA alumni, current L7/UPP delegates, faculty and invited guests.
- Guests attending the CPD session are welcome to stay on for the awards and networking.

 CPD points will be confirmed - we'll share this along with further event details in the coming weeks.

Mark your calendars now and keep an eye on your inbox – more information and your official invite or booking link is coming soon!

NEW! FREE ONLINE DROP-IN COURSEWORK SUPPORT SESSIONS

Need a boost to get through your coursework? Want real-time advice from our expert trainers and academic team? We're here to help!

We're excited to launch a series of free, informal drop-in Zoom sessions designed to support you as you progress through your coursework. There's no agenda – just show up with your questions, challenges, or even just to stay accountable alongside others on the same journey.

These sessions are a great opportunity to:

- ✓ Get real-time guidance from our trainers and academic team
- ✓ Gain clarity on your coursework requirements
- ✓ Stay on track and motivated
- ✓ Connect with peers going through the same process

Drop-In Dates:

-  Monday, 23 June 2025
-  Monday, 28 July 2025
-  Monday, 08 September 2025
-  Monday, 20 October 2025
-  Monday, 01 December 2025

Book your spot via your student dashboard – we'll see you online!
Let us help you stay on track – one session at a time.



EVENT RUNDOWN

UPCOMING COURSES

Don't miss our exciting lineup of courses. Enhance your skills and stay ahead in the field with our specialised training sessions. Here's what's coming up:

Friday 6th June 2025 - Sculptra - London
Sunday 8th June 2025 - Lips- London
Saturday 14th June 2025 - Tear Trough- Newcastle
Saturday 14th June 2025 - Tear Trough- Manchester
Sunday 15th June 2025 - Lip- Newcastle
Sunday 15th June 2025 - Lip- Manchester
Saturday 28th June 2025 - Foundation - London
Saturday 28th June 2025 - Mentoring - London
Saturday 28th June 2025 - Foundation - Manchester
Sunday 29th June - Advanced - Manchester
Sunday 29th June 2025 - Advanced - London
Saturday 12th July 2025 - Foundation - London
Sunday 13th July 2025 - Advanced- London
Friday 8th August 2025 - Sculptra - London

Book places via your Dashboard.