



L7 BULLETIN

NO.18

SPRING 2026

GLP-1 AND AESTHETIC MEDICINE

INTRODUCING CONSULTANT CATALYST

**LAUNCHING OUR NEW EXOSOMES + MICRONEEDLING
MASTERCLASS**

**NEW MENTORING & ASSESSMENT PACKAGE AND
REFRESHER COURSES**

EVENTS

What's Coming Up in 2026



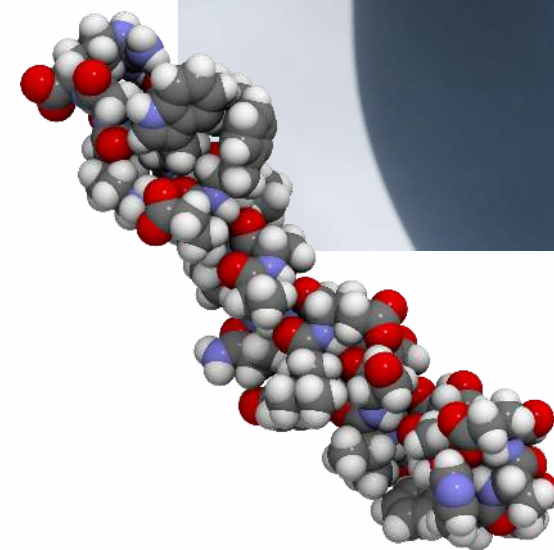
TREATING GLP-1 PATIENTS: WHAT EVERY INJECTOR NEEDS TO KNOW

GLP-1 receptor agonists — including semaglutide-based therapies — are now commonplace in clinic. But many injectors are still applying pre-GLP-1 treatment logic to faces that have changed in fundamentally different ways. This is a problem worth addressing.

These medications do more than suppress appetite. Rapid, medically induced fat loss depletes subcutaneous volume faster than the skin can adapt, exposing underlying ligaments and bony architecture, increasing laxity, and reducing tissue resilience. The result is an anatomy that looks familiar but behaves very differently under treatment.

Here's what that means in practice:

Anti-wrinkle treatments retain their pharmacological effect, but reduced soft-tissue support means standard dosing and placement patterns can inadvertently worsen heaviness or descent. Conservative, highly individualised approaches are essential.



Dermal fillers require particular caution. The temptation to replace lost volume is understandable, but chasing fullness without restoring structural support often leads to overfilled, unstable results. Structural placement comes first.

Biostimulators are increasingly the preferred starting point — encouraging collagen production and gradual tissue strengthening rather than simply adding volume to a compromised framework.

The core principle across all modalities is the same: slow down, reassess, and resist applying standard protocols to non-standard anatomy.

GLP-1 patients are not a niche. They are in your clinic now, and they deserve a recalibrated approach.

Ready to Take Action?

Acquisition Aesthetics has launched a dedicated GLP-1 masterclass for injectors — covering facial assessment, treatment sequencing, and safe management of this growing patient group. Click the button to book now!



20TH APRIL 2026, LONDON
LAUNCH OFFER:
£995 + VAT

BOOK NOW



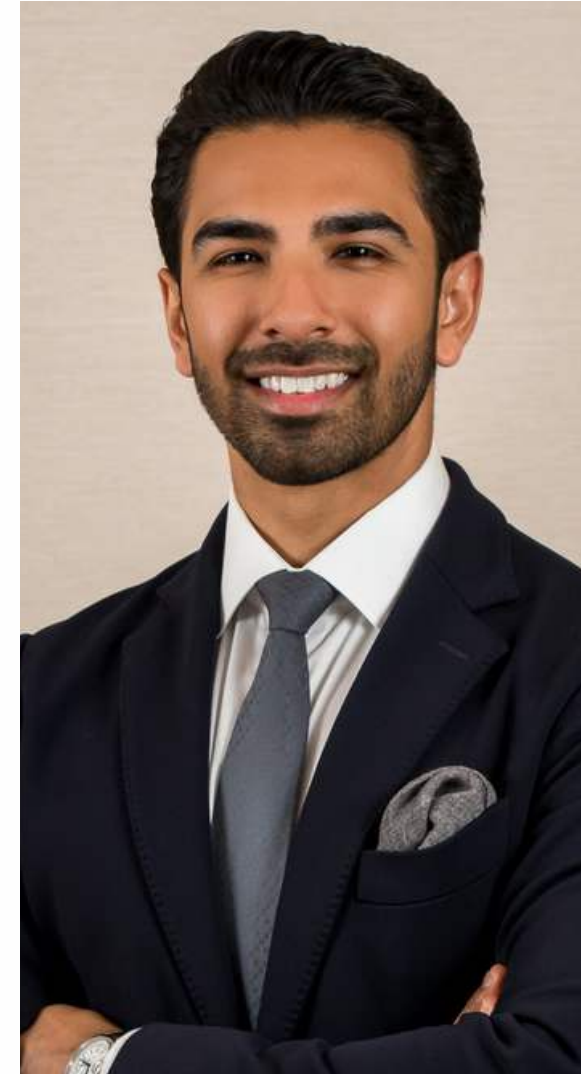
CONSULTATION CATALYST

The Consultation Catalyst is a transformative training programme designed to elevate the aesthetic consultation process and drive sustainable clinic growth. Developed by Dr Kamran Amjed—an experienced aesthetics doctor, clinic owner, coach, and Manchester Lead for Acquisition Aesthetics—this course draws upon nearly a decade of medical experience. Dr Kamran is a global Key Opinion Leader (KOL) for industry-leading brands such as Hydrafacial and Cutera, and he brings real-world strategies that helped him achieve an exceptional consultation-to-treatment conversion rate at his own CQC-registered clinic.

This CPD-accredited course is not simply another sales training session; it is a skillset designed for life. Once mastered, these methods can be applied across aesthetics, wellness, mental health, and even digital offers. The programme provides a blueprint for patient-focused growth, ensuring that practitioners can increase patient uptake and long-term loyalty without ever feeling "pushy".

KEY LEARNING OBJECTIVES

- Masterful First Impressions: Learn how to build instant rapport and create a comfortable environment for patients.
- Leveraging Visual Technology: Use visual aids and technology to illustrate treatment plans and build trust.
- Empathetic Closing: Gain the confidence to handle objections with empathy and close treatment plans with clarity.
- Business Strategy: Structure follow-ups to increase upsells and long-term patient retention.
- Professional Authority: Communicate with a level of clarity that increases your perceived authority and allows you to discuss premium packages comfortably.



Dr Kamran Amjed, MD is a medical doctor, aesthetics educator, and consultation strategist with a proven track record of helping clinics grow through ethical, high-converting consultations.

With nearly a decade of combined experience across emergency medicine and medical aesthetics, Dr Kamran has helped build and scale multiple successful private clinics, achieving an industry-leading consultation-to-treatment conversion rate.

He is one of the few trainers in the UK to combine CQC-level clinical governance expertise with real-world results in patient retention, upselling, and ethical sales.

Dr Kamran consistently converts **92%** of his consultations.

Dr Priya Chadha reports seeing a **20-30% increase in treatment plan uptake** in her own clinic since implementing these protocols.

SMALL GROUP TEACHING - LIMITED COURSE SLOTS

Register your Interest below

CLICK HERE



MICRONEEDLING + EXOSOMES MASTERCLASS

We're thrilled with the uptake and success of one of our most recent training offerings: a comprehensive one-day masterclass combining two of the most in-demand regenerative treatments in aesthetic medicine today.

This CPD-accredited course brings together SkinPen® microneedling and EXOIE exosome therapy in a carefully structured programme designed to expand your treatment portfolio with non-injectable, science-backed modalities.

What You'll Learn

The masterclass is divided into two distinct modules. The morning focuses on microneedling fundamentals—device handling, depth protocols, patient selection, and hands-on practice with live models under expert supervision. The afternoon introduces exosome science, covering the biology of extracellular vesicles, clinical applications, and treatment protocols for skin rejuvenation.



Why Now?

Patient demand for regenerative aesthetics continues to grow. More clients are seeking alternatives to injectables—treatments that work with the body's natural repair mechanisms to deliver lasting results. Microneedling triggers collagen induction through controlled micro-injuries, while exosomes harness cellular signalling to accelerate tissue repair and enhance outcomes.

By offering both modalities, you'll differentiate your practice and meet the expectations of an increasingly sophisticated patient base.

Course Details

- Price: **£1,200 + VAT**
- Duration: One day
- Location: London
- Upcoming dates: **17th & 26th April 2026 - London**

Spaces are strictly limited to ensure personalised instruction and ample hands-on time.

Ready to add regenerative treatments to your clinical offering?

BOOK NOW



REFRESHER COURSES

Ready to sharpen your technique and expand your treatment repertoire? Our intensive one-day refresher course is designed for qualified aesthetic practitioners who want to rebuild confidence, refine skills, and broaden their clinical offering.

What makes this course different?

This isn't a lecture day with a token injection at the end. We've designed a genuinely hands-on experience with multiple treatments per delegate guaranteed - giving you the repetition and variety needed to consolidate your skills under expert supervision.

You'll gain exposure to:

- Full foundation and advanced treatment protocols
- Skinboosters and regenerative techniques

Our senior trainers lead an interactive Q&A session covering not just clinical queries but the practical realities of building your aesthetic practice - from prescribing pathways to clinic setup and patient acquisition.

Who is this for?

- Practitioners returning to aesthetics after a break
- Those seeking supervised practice before launching independently
- Clinicians wanting to expand into new treatment areas with confidence

£895 + VAT

REGISTER YOUR INTEREST

CLICK HERE



**Level 7 & UPP delegates receive 15% discount on this course.
quote L7UPP15 when booking**



WELCOME TO HARLEY SUPPLIES

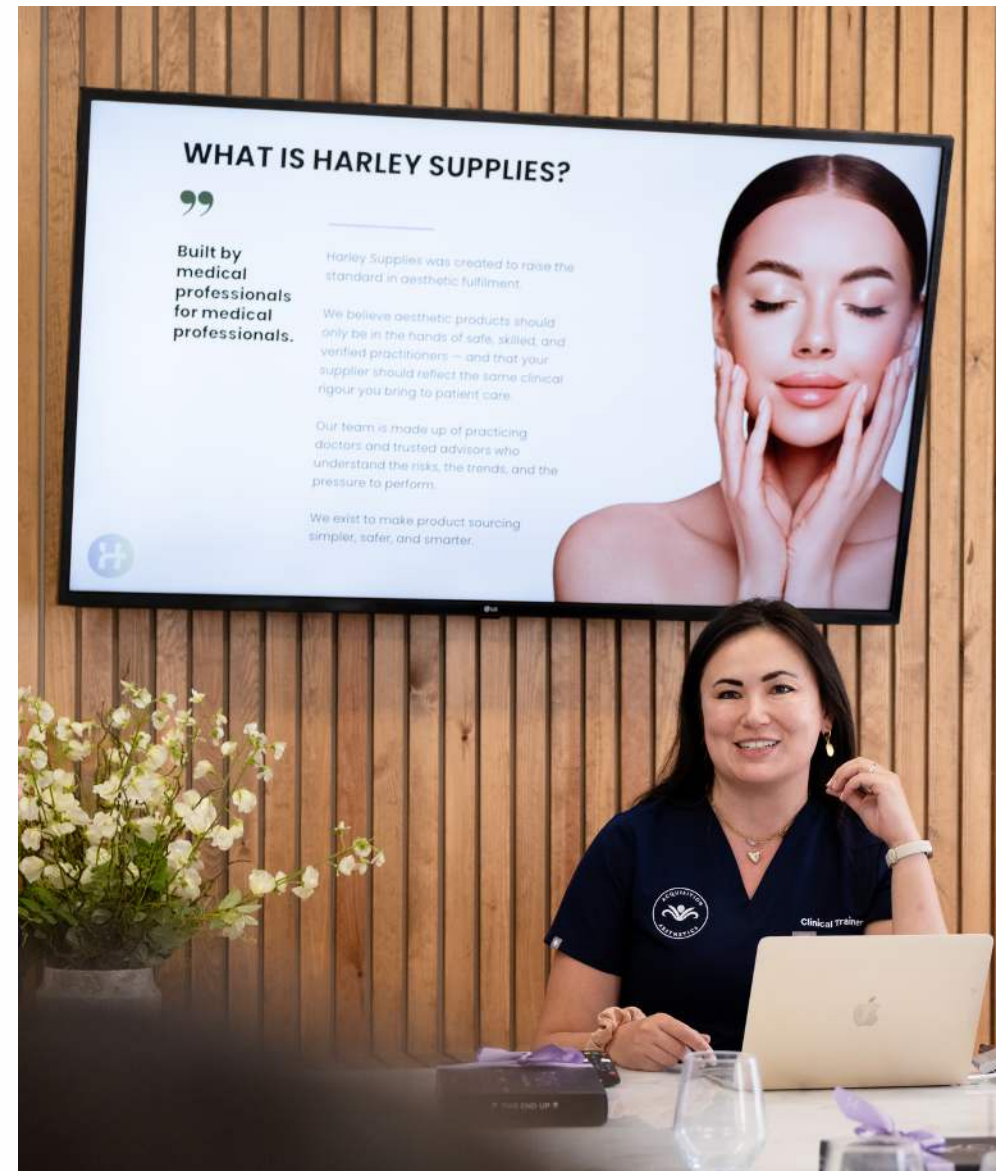
As an Acquisition Aesthetics delegate, you're part of a select group — and now, that comes with even more benefits.

Introducing **Harley Supplies** — our handpicked distributor created by clinicians, for clinicians. We're curating a **portfolio of market-leading products, tools, and consumables** that meet the exacting standards of aesthetic professionals like you.

As part of the Acquisition Aesthetics, you'll get:

- **Exclusive AA discounts** on premium, practitioner-approved products
- **Early access** to new launches and bestsellers
- Special **alumni perks** and **bundles** to support your ongoing practice
- **Clinical insights + product guidance** from the Harley Supplies team

[Register now](#)



Clinic Launch Bundle

WITH AZZALURE®

4× Volyme • 4× Lyft • 3× Defyne

2× Eylight • 4× Kysse • 1× Refyne

3× Azzalure Twin Packs

RRP £1,794

£1,615

SAVE £179



Clinic Launch Bundle

FILLER ONLY

4× Volyme • 4× Lyft • 3× Defyne

2× Eylight • 4× Kysse • 1× Refyne

Ideal for non-prescribers

RRP £1,413

£1,275

SAVE £138



Clinic Launch Bundles

EXCLUSIVE TO Acquisition Aesthetics DELEGATES ✦

10% OFF

SKIN REJUVENATION + BIOSTIMULATION

4× Restylane Vital

4× Restylane Vital Light

4× Sculptra

Perfect for skin boosting, hydration and collagen biostimulation treatments

RRP £1,390

£1,250

SAVE £140



EVENT RUNDOWN

UPCOMING COURSES

Your next steps in advancing clinical excellence are now open for booking! All courses can be booked directly via your delegate dashboard. Here's what's coming up:



Book a Support Call

If you need help planning your pathway, we are here to support you.



Foundation Training
Saturday 18th April 2026 - London
Saturday 18th April 2026 - Newcastle
Saturday 25th April 2026 - Manchester
Saturday 9th May 2026 - London
Saturday 9th May 2026 - Newcastle

Mentoring Sessions
Friday 17th April 2026 - London
Saturday 18th April 2026 - Newcastle
Saturday 25th April 2026 - Manchester
Saturday 9th May 2026 - London
Saturday 9th May 2026 - Newcastle

Advanced Training
Sunday 19th April 2026 - London
Sunday 19th April 2026 - Newcastle
Sunday 26th April 2026 - Manchester
Sunday 10th May 2026 - London
Sunday 10th May 2026 - Newcastle

A Reminder:
These courses support your progression through both the Level 7 Diploma and the Ultimate Practitioner Pathway.

Level 7 and UPP delegates gain exclusive access to course date releases. Keep an eye on your email as you will be notified of all new course date releases for the remainder of the year shortly!

Several dates have limited availability already and courses book up quickly — **early booking is strongly recommended.**

Book your sessions now through your delegate dashboard. You can also view **upcoming Masterclasses** there.